

Friendly's

Where ice cream makes the meal



Food Allergens Listing

Friendly's works hard to provide current and accurate information on ingredients in our menu items that may be potential food allergens for some customers. We prepared this brochure to provide you important information to help you make careful choices when dining in our restaurant. We examined the ingredients in each of our standard recipes in order to list the eight most common food allergens identified by the U.S. Food and Drug Administration. However, this brochure is not intended to address other, less common allergens, and doesn't include regional products, or local specials. Our suppliers or ingredients may change without notice, and any requested additions or substitutions to menu items could also change the potential allergen content. In addition, common restaurant cooking equipment, such as grills and fryers, may create a risk of allergen residue from food cross-contact. We exercise great care to minimize this risk, but it cannot be eliminated entirely. If you have a question about a menu item, ingredients or preparation, please ask your server. We recommend that you consult your medical professional with any concerns you have about food allergies and/or food sensitivities. If you would like further information regarding special sensitivities or dietary concerns, please contact us at Friendly Ice Cream Corp., 1855 Boston Road, Wilbraham, MA 01095, (800) 966-9970 or visit us at www.friendlys.com. VALID AS OF JUNE 16, 2008.

Friendly Ice Cream Corporation
1855 Boston Road, Wilbraham, MA 01095
1-800-966-9970
or visit us at www.friendlys.com

KIDS MENU

MY BREAKFAST

	MILK	EGG	FISH	PEANUT	SHELLFISH	SOY	TREE NUT	WHEAT
Two Pancakes with Bacon or Link Sausage	x	x			x			x
FunCake with Bacon or Link Sausage	x	x	x		x			x
Tie-Dyed Pancake with Bacon or Link Sausage	x	x	x		x			x
Two Eggs with Toast or English Muffin, Bacon or Sausage	x	x			x			x
French Toast Sticks with Bacon or Link Sausage	x	x			x			x
Pancake Syrup								

MY MEALS

Mac & Cheese	x				x			x
Grilled Cheese	x				x			x
Cheeseburger Sliders	x				x			x
Cheese Quesadilla	x				x			x
Friendly's Chicken Fingers with BBQ Sauce	x				x			x
Friendly's Chicken Fingers with Honey Mustard Sauce	x				x			x
Friendly Frank®	x				x			x
Mini Mozzarella Sticks	x				x			x
Cheesy Mac & Frank	x				x			x
Chicken Sliders	x	x			x			x
Garden Salad without Dressing	x				x			x

SOUPS

Chunky Chicken Noodle	x	x			x			x
Broccoli Cheddar	x				x			x
Homestyle Clam Chowder	x	x			x			x
Minestrone	x				x			x
Saltine Crackers					x			x

MY MEALS DESSERTS

Build Your Own (See Ice Cream Flavors Section)								
Cone Head™		x			x			x
Kids Hot Fudge		x						x
OREO® Sundae		x						x
Double Shot Cone (See Ice Cream Flavors Section)								
Monster Mash Sundae®		x			x			x
Peanut Butter Cup Friend-Z®		x			x			x
Candy Shop Sundae (See Ice Cream Flavors Section)								

MY BIGGER MEALS

Dippin' Chicken		x						x
Cheeseburger Sliders		x						x
Chicken in the Garden with Grilled Chicken	x	x						x
Chicken in the Garden with Crispy Chicken	x	x						x
Double Dog Dare		x						x
Chicken Sliders		x	x					x
Mini Mozzarella Sticks		x						x
Wrap Session with Grilled Chicken		x						x
Wrap Session with Crispy Chicken		x	x					x

MY BIGGER MEALS DESSERTS

Jim Dandy, Jr.		x	x					x
Whopping Topping Waffle Sundae (See Ice Cream Flavors Section)								
Peanut Butter Cup Friend-Z®		x						x
Birthday Cake Friend-Z™		x	x					x
Build Your Own (See Ice Cream Flavors Section)								

MY MEALS OR MY BIGGER MEALS DRESSINGS

Bleu Cheese Dressing		x	x					x
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	MILK	EGG	FISH	PEANUT	SHELLFISH	SOY	TREE NUT	WHEAT
Buttermilk Ranch	x	x			x			
Caesar Dressing		x	x		x			
Honey Mustard		x			x			
Italian Fat-Free					x			
Italian Style					x			
Ginger-Sesame					x		x	
A-1 Steak Sauce								
Thousand Island		x			x			
Croutons	x				x		x	
MY MEALS OR MY BIGGER MEALS SIDES								
Mashed Potatoes	x							
Golden Fries					x			
Waffle Fries					x		x	
Mixed Vegetables with Margarine	x				x			
Whole Kernel Corn with Margarine	x				x			
Broccoli with Margarine	x				x			
Rice					x			
Applesauce								
Mandarin Oranges								
MY MEALS OR MY BIGGER MEALS BEVERAGES								
Towering Mugs (Cotton Candy, Royal Razz® or Friendly's Shirley Temple)								
Sodas (Coke®, Diet Coke®, Sprite®, Fanta® Orange, Minute Maid® Lemonade or Barq's® Root Beer)								
Kid's Fribble® (Vanilla, Chocolate or Strawberry)	x							
2% Milk (Regular, Vanilla, Chocolate, or Strawberry)	x							
Juice (Orange, Cranberry, Grapefruit, Apple or Tomato)								

	MILK	EGG	FISH	PEANUT	SHELLFISH	SOY	TREE NUT	WHEAT
Hot Chocolate	x				x			
BREAKFAST MENU								
SUPER SIZZLIN'™ BREAKFASTS								
Super Sizzlin' Combo (with Eggs)		x			x		x	
Super Sizzlin' Combo (with Scramble Mix)	x	x			x		x	
Super Sizzlin' Hickory-Smoked Ham (with Eggs)	x				x		x	
Super Sizzlin' Hickory-Smoked Ham (with Scramble Mix)	x	x			x		x	
Super Sizzlin' Sausage Sunrise (with Eggs)	x				x		x	
Super Sizzlin' Sausage Sunrise (with Scramble Mix)	x	x			x		x	
Super Sizzlin' Bacon Sunrise (with Eggs)	x				x		x	
Super Sizzlin' Bacon Sunrise (with Scramble Mix)	x	x			x		x	
PANCAKES & FRENCH TOAST								
Buttermilk Pancakes with Fruit Topping	x	x			x		x	
French Toast	x	x			x		x	
Buttermilk Pancakes	x	x			x		x	
FRIENDLY'S FAVORITES								
The Lumberjack Breakfast	x	x			x		x	
Steak and Eggs	x	x			x		x	
Big-Two-Do®	x	x			x		x	
Super Big-Two-Do®	x	x			x		x	
THREE EGG OMELETTES								
Ham & Cheese Omelette	x	x			x		x	
Western Omelette	x	x			x		x	
Four Cheese & Bacon Omelette	x	x			x		x	
Garden Vegetable Omelette	x	x			x		x	
BREAKFAST SUPERMELTS™								
Sausage, Mushroom & Swiss SuperMelt™	x	x			x		x	

	MILK	EGG	FISH	PEANUT	SHELLFISH	SOY	TREE NUT	WHEAT
Bacon Cheese SuperMelt™	x	x					x	x
Ham & Cheese SuperMelt™	x	x					x	x
BREAKFAST SIDES								
Bacon								
Sausage Link								
Home Fries							x	x
Hickory-Smoked Ham								
Toast & Jelly	x						x	x
Honey Dill Rye	x						x	x
Wheat Bread	x						x	x
White Bread	x						x	x
Total® Raisin Bran	x							x
Bagel with Cream Cheese	x						x	x
Bagel with Margarine	x						x	x
Thomas® English Muffin	x						x	x
Blueberry Muffin	x	x					x	x
Cranberry Nut Muffin	x	x					x	x
Pancake Syrup								
SENIOR BREAKFASTS								
Two Farm-Fresh Eggs		x					x	x
Two Scrambled Eggs	x	x					x	x
Two Buttermilk Pancakes with Sausage or Bacon	x	x					x	x
Two Slices of French Toast with Bacon or Link Sausage	x	x					x	x
One Farm-Fresh Egg with Home Fries	x	x					x	x
Scrambled Eggs with Home Fries	x	x					x	x
One Farm-Fresh Egg with Bacon or Link Sausage	x	x					x	x
Scrambled Eggs with Bacon or Link Sausage	x	x					x	x



MILK
EGG
FISH
PEANUT
SHELLFISH
SOY
TREE NUT
WHEAT

MAIN MENU

APPETIZERS

Towering Jumbo Fronions™	x	x			x	x
Loaded Waffle Fries	x	x			x	x
Kickin' Buffalo™ Chicken Strips	x	x			x	x
Chicken Quesadillas	x				x	x
Munchie Mania™	x	x			x	x
Mini-Mozzarella Cheese Sticks	x				x	x
Jumbo Fronions™ and Waffle Fries	x	x			x	x
Loaded Jumbo Fronions™ and Waffle Fries	x	x			x	x
Slider Munchie Mania™ - Chicken	x	x			x	x
Slider Munchie Mania™ - Mini Cheeseburger	x	x			x	x

ENTRÉE SALADS

Oriental Chicken Salad	x				x	x	x
Crispy Chicken Salad	x	x			x		x
Chicken Caesar Salad	x	x	x		x		x
Kickin' Buffalo™ Chicken Salad	x	x			x		x

SOUPS & SALADS

Homestyle Clam Chowder	x	x			x		x
Hearty Soups							
Chunky Chicken Noodle	x	x			x		x
Broccoli Cheddar	x				x		x
Minestrone		x			x		x
Side Garden Salad	x				x		x
Side Caesar Salad	x	x	x		x		x

DRESSINGS

Bleu Cheese Dressing	x	x			x		
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MILK
EGG
FISH
PEANUT
SHELLFISH
SOY
TREE NUT
WHEAT

Buttermilk Ranch Dressing	x	x				x	
Caesar Dressing		x	x			x	
Honey Mustard Dressing		x				x	
Italian Style Dressing						x	
Ginger-Sesame Dressing						x	x
Thousand Island Dressing		x				x	

SUPERMELTS™

Chicken Parmesan SuperMelt™		x	x			x	x
Turkey Club SuperMelt™		x	x			x	x
Reuben SuperMelt™		x	x			x	x
Tuna Salad SuperMelt™		x	x	x		x	x
Honey BBQ Chicken SuperMelt™		x	x			x	x

FRIENDLY'S BIG BEEF® BURGERS

All American Burger		x				x	x
All American Burger with Cheese		x	x			x	x
All American Burger with Bacon		x				x	x
Western BBQ Burger		x	x			x	x
Mushroom, Swiss and Bacon Burger		x	x			x	x
Patty Melt Burger		x				x	x
Classic Turkey Burger		x	x			x	x
Ultimate Bacon Cheese Burger		x	x			x	x
Colossal Burger		x	x			x	x

SANDWICHES & WRAPS

Grilled Chicken Deluxe Sandwich		x				x	x
Grilled Chicken Deluxe Sandwich with Cheese		x	x			x	x
Grilled Chicken Deluxe Sandwich with Bacon		x				x	x
Honey Mustard Chicken Sandwich (with Chicken Tenders)		x	x			x	x

MILK
EGG
FISH
PEANUT
SHELLFISH
SOY
TREE NUT
WHEAT

Honey Mustard Chicken Sandwich (with Chicken Breast)	x	x					x	x
Kickin' Buffalo™ Chicken Sandwich	x	x					x	x
Country Club Chicken Sandwich	x	x					x	x
Crispy Chicken Wrap	x	x					x	x
Chicken Caesar Wrap	x	x	x				x	x
Kickin' Buffalo™ Chicken Wrap	x	x					x	x

ENTRÉE QUESADILLAS

Chicken Quesadilla	x	x					x	x
Chicken Fajita Quesadilla	x	x					x	x
Steak Fajita Quesadilla	x	x					x	x
Vegetable Fajita Quesadilla	x	x					x	x

BASKETS

Chicken Strips Basket			x				x	x
Shrimp Basket	x	x					x	x
Clamboat® Basket	x	x					x	x
New England Fish'n Chips	x	x	x				x	x
Honey BBQ Chicken Strips Basket	x	x					x	x
Kickin' Buffalo™ Chicken Strips	x	x					x	x

HOMESTYLE FAVORITES

Grilled Flounder	x		x				x	x
BBQ Chicken Platter	x						x	x
Sirloin Steak	x						x	x
Sirloin Steak Tips	x		x				x	
Southwest BBQ Steak	x						x	x
Cheddar Jack Chicken	x						x	
Homestyle Meatloaf	x	x					x	x



MILK
EGG
FISH
PEANUT
SHELLFISH
SOY
TREE NUT
WHEAT

PUT 2 & 2 TOGETHER™

Southwest BBQ Steak	x			x	x
BBQ Chicken	x			x	x
Sirloin Steak Tips		x		x	
Fried Shrimp		x	x	x	x
Sirloin Steak				x	x
Cheddar Jack Chicken	x			x	
Grilled Flounder	x	x		x	x

SIDES

Homestyle Mashed Potatoes	x				
Rice				x	
Golden Fries				x	
Waffle Fries				x	x
Cole Slaw		x		x	
Garden Vegetables with Margarine	x			x	
Corn with Margarine	x			x	
Broccoli with Margarine	x			x	
Applesauce					
Mandarin Oranges					
Garlic Bread	x			x	x

FRIENDLY'S ORIGINALS

Friendly's BLT	x	x		x	x
Grilled Cheese	x			x	x
Grilled Ham and Cheese	x			x	x
Fishamajig®	x	x	x	x	x
Tuna Roll	x	x	x	x	x
Friendly Frank®	x			x	x

SENIOR MEALS

Turkey Club SuperMelt™	x	x			x	x
Friendly's Big Beef® Burger		x			x	x
Friendly's Big Beef® Burger with Cheese	x	x			x	x
Grilled Chicken Deluxe Sandwich	x	x			x	x
Fishamajig®	x	x	x		x	x
Tuna Roll	x	x	x		x	x
Clamboat® Platter	x	x			x	x
Cheddar Jack Chicken	x				x	x
BBQ Chicken Platter	x				x	x

CONDIMENTS

A-1 Steak Sauce						
Cocktail Sauce					x	
Mustard (Spicy Brown)						
Mustard (Yellow)						x
Ketchup						
Marinara Sauce					x	x
Relish						
Salsa						
Tartar Sauce					x	x
Worcestershire Sauce					x	
Pickle Chips						
Roasted Pepper Garlic Sauce					x	x

CRACKERS & CROUTONS

Saltine Crackers					x	x
CROUTONS	x				x	x

FOUNTAIN BEVERAGES

Double Thick Milk Shakes						
(Vanilla, Chocolate, Strawberry or Coffee)					x	
Double Thick Malted Milk Shakes						
(Vanilla, Chocolate, Strawberry or Coffee)					x	x
Fribble® (Vanilla, Chocolate or Strawberry)					x	
Malted Fribble® (Vanilla, Chocolate, Strawberry or Coffee)					x	x
Butterfinger® Fribble®					x	x
OREO® Freeze					x	x
Barq's® Float					x	
Watermelon or Orange Slammer™					x	

BEVERAGES

Fresh Brewed Iced Tea						
Juices (Orange, Cranberry, Grapefruit, Tomato or Apple)						
Sodas (Coke®, Diet Coke®, Sprite®, Fanta® Orange, Minute Maid® Lemonade or Barq's® Root Beer)						
2% Chocolate Milk					x	
2% Milk					x	
Bottled Water						
Fresh Brewed Coffee						
Hot Chocolate					x	x
Hot Tea						
Half and Half Creamer					x	

ICE CREAM MENU

SUNDAES

Jim Dandy™					x	x
Royal Banana Split					x	x



	MILK	EGG	FISH	PEANUT	SHELLFISH	SOY	TREE NUT	WHEAT
Forbidden Fudge Brownie	x	x				x	x	x
Caramel Cone Sundae	x					x	x	x
Heath® Bar Friend-Z®	x					x	x	
OREO® Friend-Z®	x					x		x
M&M's® Friend-Z®	x			x		x		
Birthday Cake Friend-Z™	x	x				x		x
Reese's® Peanut Butter Cup™ Friend-Z®	x			x		x		
Strawberry Banana Friend-Z®	x							
Butterfinger® Friend-Z™	x			x		x		
Strawberry Shortcake Friend-Z™	x	x				x		x
Peanut Butter Cup Sundae	x			x		x		
Ultimate Peanut Butter Cup Sundae	x			x		x		
Strawberry Shortcake Sundae	x	x				x		x
Butterfinger® Sundae	x			x		x		
Fruit and Sherbet Sundae	x							
Caramel Fudge Brownie Sundae	x	x				x	x	x
Ultimate Cookies 'n Cream	x					x		x
Giant Crowd Pleaser	x	x		x		x	x	x
Mint Cookie Crunch	x					x		x
Reese's® Pieces™ Sundae	x	x		x		x		
ICE CREAM FLAVORS								
Vanilla Ice Cream	x							
Strawberry Ice Cream	x							
Chocolate Ice Cream	x							
Coffee Ice Cream	x							
Nuts Over Caramel® Ice Cream	x			x		x	x	x
Forbidden Chocolate® Ice Cream	x							

	MILK	EGG	FISH	PEANUT	SHELLFISH	SOY	TREE NUT	WHEAT
Vienna Mocha Chunk® Ice Cream	x					x		
Mint Chocolate Chip Ice Cream	x					x		
Purely Pistachio® Ice Cream	x						x	
Chocolate Chip Ice Cream	x					x		
Chocolate Chip Cookie Dough Ice Cream	x	x				x	x	
Cookies 'n Cream Ice Cream	x					x	x	
Black Raspberry Ice Cream	x							
Butter Pecan Ice Cream	x						x	
Butter Crunch Ice Cream	x							
Chocolate Almond Chip Ice Cream	x					x	x	
Hunka Chunka Peanut Butter Fudge™ Ice Cream	x	x		x		x	x	x
Maple Walnut	x						x	
No Sugar Added Vanilla Ice Cream*	x							
* (made with Splenda®)								
Vanilla Fat-Free Yogurt	x							
Raspberry Fat-Free Swirl Yogurt	x							
Orange Sherbet	x							
Watermelon Sherbet	x							
Soft Serve (Vanilla, Chocolate or Twist)	x							
TOPPINGS								
Hot Fudge Topping	x					x		
Strawberry Topping								
Marshmallow Topping		x						
Chocolate Syrup Topping								
Peanut Butter Topping						x		
Swiss Chocolate Topping						x		
Caramel Topping						x		
No Sugar Added Fudge Topping	x							

	MILK	EGG	FISH	PEANUT	SHELLFISH	SOY	TREE NUT	WHEAT
Whipped Topping	x							
Almonds								x
Walnuts								x
Reese's® Pieces™	x			x		x		
Reese's® Peanut Butter Cups™	x			x		x		
Crushed Heath® Bar (with Almonds)	x						x	x
Gummy Bears								
M&M's®	x			x		x		
Crushed OREO®s							x	x
Butterfinger® Pieces	x			x		x		
Sprinkles (Chocolate or Rainbow)							x	
Cherry								
Banana								
Cones (Sugar, Cake, Waffle or Double Header)							x	x
LIMITED TIME ONLY								
Crispy Buffalo Chicken SuperMelt™	x	x					x	x
Ultimate Club SuperMelt™	x	x					x	x
Black Angus Cheesy Bacon SuperMelt™	x						x	x
Peanut Butter Cup Ice Cream	x			x		x		
Mocha Mud Pie Crush Ice Cream	x					x		x
Cake Batter Ice Cream	x					x		
Chocolate Brownie Cookie Crunch Ice Cream	x					x		x

