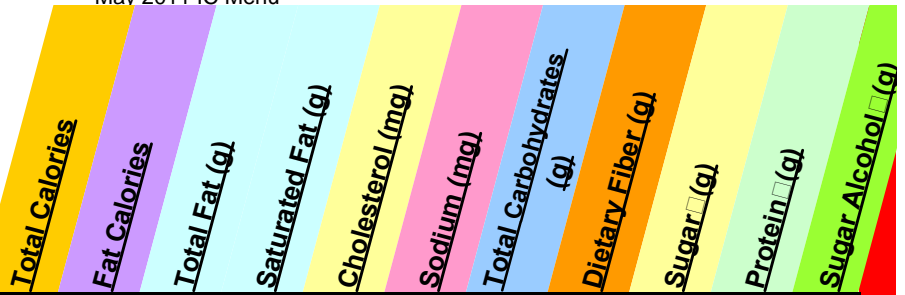


Menu Item

SUNDAE CREATIONS, LAVA CAKES AND MORE: as stated on menu.											
Menu Item	Total Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Sugar Alcohol (g)
REESE'S PEANUT BUTTER CUP 5 scoop	1190	630	70	62	150	460	123	7	86	21	
Allergens: Milk, Peanut, Soy											
REESE'S PEANUT BUTTER CUP 3 Scoop	890	470	52	50	90	380	90	7	59	17	
Allergens: Milk, Peanut, Soy											
REESE'S PIECES SUNDAE - 5 Scoop	1330	640	71	38	150	460	152	4	112	23	
Allergens: Egg, Milk, Peanut, Soy											
REESE'S PIECES 3 SCOOP	930	480	53	26	90	360	95	4	67	18	
Allergens: Milk, Peanut, Soy											
JIM DANDY™ W/ PINEAPPLE TOPPING	1100	420	47	27	150	270	158	1	124	14	
Allergens: Egg, Milk, Soy, Tree Nut											
JIM DANDY™ W/ STRAWBERRY TOPPING	1090	420	47	27	150	270	156	2	121	14	
Allergens: Egg, Milk, Soy, Tree Nut											
ROYAL BANANA SPLIT	870	320	35	19	110	200	127	3	97	10	
Allergens: Egg, Milk, Soy, Tree Nut											
FORBIDDEN FUDGE BROWNIE	740	370	41	51	140	320	129	6	86	13	
Allergens: Egg, Milk, Soy, Tree Nut, Wheat											
ULTIMATE COOKIES 'N CREAM	680	300	33	20	90	320	85	2	60	11	
Allergens: Milk, Soy, Wheat											
STRAWBERRY SHORTCAKE SUNDAE	580	240	27	16	110	190	79	2	63	8	
Allergens: Egg, Milk, Soy, Wheat											
KIT KAT SUNDAE	730	330	37	26	90	200	90	2	67	10	
Allergens: Milk, Soy, Wheat											
BUTTERFINGER SUNDAE	830	320	36	23	90	370	117	2	81	9	
Allergens: Milk, Peanut, Soy											
MINT COOKIE CRUNCH	650	290	33	20	90	260	80	2	58	11	
Allergens: Milk, Soy, Wheat											
CARAMEL CONE CRUNCH SUNDAE	700	290	33	20	90	280	91	3	54	11	
Allergens: Almonds, Milk, Soy, Wheat											
FORBIDDEN CHOCOLATE LAVA CAKE SUNDAE	1280	460	51	30	140	660	186	6	130	19	
Allergens: Milk, Egg, Soy, Wheat											
MOCHA JAVA LAVA CAKE SUNDAE	1350	530	59	36	120	730	184	4	121	20	
Allergens: Milk, Egg, Soy, Wheat											
HUNKA CHUNKA PB FUDGE® LAVA CAKE SUNDAE	1770	970	107	36	120	1050	164	15	112	37	
Allergens: Milk, Egg, Peanut, Soy, Tree Nut, Wheat											
NUTS OVER CARAMEL LAVA CAKE SUNDAE	1360	500	56	25	140	960	197	6	116	20	
Allergens: Milk, Egg, Nut (Almonds), Soy, Wheat											
MINT CHOCOLATE CHIP LAVA CAKE	1250	480	54	34	130	670	176	7	119	17	
Allergens: Egg, Milk, Soy, Wheat											
CARAMEL FUDGE BROWNIE SUNDAE	1410	600	66	40	230	620	186	2	124	19	
Allergens: Milk, Egg, Soy, Tree Nut, Wheat											
GIANT CROWD PLEASER	2470	1060	118	65	330	920	317	5	235	41	
Allergens: Milk, Egg, Peanut, Soy, Tree Nut, Wheat											



Menu Item	Total Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Sugar Alcohol (g)
FOUNTAIN BEVERAGES: ORIGINAL FRIBBLE®, DOUBLE THICK MILK SHAKES, FANTASTIC FLOATS											
ORIGINAL FRIBBLE - VANILLA	640	180	20	12	70	360	100	0	88	16	
Allergens: Milk											
ORIGINAL FRIBBLE - CHOCOLATE	720	180	20	13	70	390	119	1	94	17	
Allergens: Milk											
ORIGINAL FRIBBLE - STRAWBERRY	650	180	20	12	70	460	103	0	86	16	
Allergens: Milk											
ORIGINAL FRIBBLE - COFFEE	640	180	20	12	70	360	102	0	85	16	
Allergens: Milk											
DOUBLE THICK MILKSHAKE - VANILLA	780	290	32	21	110	270	106	0	92	15	
Allergens: Milk											
DOUBLE THICK MILKSHAKE - CHOCOLATE	710	290	32	21	110	300	85	1	73	21	
Allergens: Milk											
DOUBLE THICK MILKSHAKE - STRAWBERRY	740	240	27	16	100	390	110	0	93	16	
Allergens: Milk											
DOUBLE THICK MILKSHAKE - COFFEE	770	290	32	18	110	270	107	0	89	15	
Allergens: Milk											
MINT CHOCOLATE CHIP MILK SHAKE	820	310	35	22	120	260	111	2	97	18	
Allergens: Milk, Soy											
MALT POWDER	90	20	2	1	10	100	15	0	10	2	
Allergens: Milk, Wheat											
BARQ'S FLOAT	590	190	21	14	70	150	98	0	89	6	
Allergens: Milk											
WATERMELON SLAMMER	450	40	4	3	20	80	100	0	76	3	
Allergens: Milk											
ORANGE SLAMMER	600	40	4	3	20	80	138	0	115	3	
Allergens: Milk											
FRIEND-z®											
HEATH	680	310	34	19	50	410	88	0	78	9	
Allergens: Milk, Soy, Tree Nut											
OREO	580	210	23	12	40	470	84	2	62	9	
Allergens: Milk, Soy, Wheat											
M&M's	670	220	24	14	50	260	103	2	86	10	
Allergens: Milk, Soy, Tree Nut											
REESE'S PEANUT BUTTER CUP	860	400	45	19	50	500	95	5	73	19	
Allergens: Milk, Peanut, Soy											
STRAWBERRY BANANA	430	130	14	9	40	220	69	1	57	8	
Allergens: Milk											
CHIPS AHOY!	580	220	25	12	40	350	80	1	56	10	
Allergens: Milk, Soy, Wheat											
KIT KAT	790	280	31	20	50	280	115	2	89	12	
Allergens: Milk, Soy, Wheat											
BUTTERFINGER	820	290	32	19	40	430	122	3	90	11	
Allergens: Milk, Peanut, Soy											
STRAWBERRY SHORTCAKE	470	150	17	9	70	260	72	1	58	8	
Allergens: Egg, Milk, Soy, Wheat											
BIRTHDAY CAKE	690	260	29	13	70	270	100	0	76	9	
Allergens: Egg, Milk, Soy, Wheat											



Menu Item

CREATE YOUR OWN

Use the chart below to help you create your own Cones/Dishes and Sundaes

CREATION:	Select Cone	Ice cream scoo	Wet Topping*	Toppi	Whippe	Cherry
CONE - SINGLE - 1 flavor	1	2	--	--	--	--
CONE - DOUBLE - 1 or 2 flavors	1	4	--	--	--	--
SOFT SERVE CONE - SINGLE	1	4 oz	--	--	--	--
SOFT SERVE CONE - DOUBLE	1	8 oz	--	--	--	--
CONE - DOUBLE WAFFLE - 1 or 2 flavors	waffle cone	4	--	--	--	--
KIDS DOUBLE SHOT CONE	ouble head con	2	--	--	--	--
DISH - SINGLE - 1 flavor	--	2	--	--	--	--
DISH - DOUBLE - 1 or 2 flavors	--	4	--	--	--	--
SOFT SERVE DISH - SINGLE	--	4 oz	--	--	--	--
SOFT SERVE DISH - DOUBLE	--	8 oz	--	--	--	--
HAPPY ENDING SUNDAE	--	2	1	--	1	1
ORIGINAL SUNDAE	--	3	1	1	1	1
SUPER SUNDAE	--	5	2	1	2	1
GIANT CROWD PLEASER	--	12	3	3	3	6
KIDS CANDY SHOPPE SUNDAE	--	2	1	1	1	1
KIDS HOT FUDGE SUNDAE	--	2	1	--	1	1
KIDS WHOPPING TOPPING SUNDAE	waffle cone	2	1	--	1	ocolate sprinkl
KIDS 3-SCOOP SUNDAE	--	3	1	--	1	1
KIDS BUILD-YOUR-OWN SUNDAE	--	3	2	1	1	1

*For wet/dry toppings, interpret the above chart with your own selections.

CREATE YOUR OWN: ICE CREAM FLAVORS: SINGLE SCOOP

VANILLA	120	50	6	4	23	35	14	0	11	2
Allergens: Milk										
CHOCOLATE	110	60	6	4	23	41	10	0	9	2
Allergens: Milk										
STRAWBERRY	110	50	5	3	20	35	14	0	12	2
Allergens: Milk										
COFFEE	110	50	6	4	23	35	13	0	11	2
Allergens: Milk										
MINT CHOCOLATE	130	60	7	4	22	33	15	0	12	2
Allergens: Milk, Soy										
CHOCOLATE CHIP COOKIE DOUGH	140	60	7	4	25	42	17	0	12	2
Allergens: Milk, Soy, Wheat										
BLACK RASPBERRY	120	50	5	4	20	35	15	0	13	2
Allergens: Milk										
CHOCOLATE ALMOND CHIP	120	60	7	4	22	41	11	0	10	2
Allergens: Milk, Soy, Tree Nut (almond)										
CHOCOLATE CHIP	120	60	6	4	22	33	15	0	12	2
Allergens: Milk, Soy										
COOKIES 'N CREAM	130	50	6	4	20	55	16	0	12	2
Allergens: Milk, Soy, Wheat										
PISTACHIO	130	60	7	4	22	33	14	0	11	3
Allergens: Milk, Tree Nut (Pistachio)										
VIENNA MOCHA CHUNK	140	70	8	5	20	34	16	0	14	2
Allergens: Milk, Soy										
NUTS OVER CARAMEL	150	70	8	4	22	52	18	1	11	2
Allergens: Milk, Soy, Tree Nut (Almond)										
BUTTER PECAN	130	70	8	4	22	37	13	0	11	2
Allergens: Milk, Tree Nut (Pecan)										



Menu Item	Total Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Sugar Alcohol (g)
MAPLE WALNUT Allergens: Milk, Tree Nut (Walnut)	130	70	8	4	22	33	13	0	11	3	
BUTTER CRUNCH Allergens: Milk, Soy	130	50	6	4	23	104	16	0	14	2	
FORBIDDEN CHOCOLATE Allergens: Milk	130	60	7	4	27	33	14	0	11	3	
HUNKA CHUNKA PB FUDGE Allergens: Milk, Egg, Peanut, Soy, Tree Nut, Wheat	180	100	11	5	19	70	17	1	13	3	
PEANUT BUTTER CUP Allergens: Milk, Peanut, Soy	160	80	9	4	20	70	16	1	13	3	
ORANGE SHERBET Allergens: Milk	80	10	1	1	4	15	17	0	12	1	
WATERMELON SHERBET Allergens: Milk	80	10	1	1	4	15	17	0	13	1	
NON FAT VANILLA YOGURT Allergens: Milk	80	0	0	0	1	53	17	0	11	3	
NON FAT RED RASPBERRY SWIRL YOGURT Allergens: Milk	90	0	0	0	0	46	19	0	14	3	
SOFT SERVE - VANILLA - 4 OZ Allergens: Milk	180	60	7	4	20	100	25	0	21	3	
SOFT SERVE - VANILLA - 8 OZ Allergens: Milk	360	130	14	9	40	210	51	0	42	7	
SOFT SERVE - CHOCOLATE - 4 OZ Allergens: Milk	170	50	6	4	17	122	24	0	21	4	
SOFT SERVE - CHOCOLATE - 8 OZ Allergens: Milk	340	110	12	8	34	244	48	0	42	8	
SOFT SERVE - TWIST - 4 OZ Allergens: Milk	170	60	7	4	20	113	25	0	21	4	
SOFT SERVE - TWIST - 8 OZ Allergens: Milk	350	120	13	8	40	226	50	0	42	8	
NO SUGAR ADDED VANILLA ICE CREAM (Includes 5 g sugar alcohol. Made with Splenda) Allergens: Milk	100	60	7	5	30	25	11	3	2	2	0
CREATE YOUR OWN: TOPPINGS:											
NO SUGAR ADDED FUDGE TOPPING (Includes 21g of Sugar Alcohol) Allergens: Milk	90	0	0	0	0	0	25	2	0	1	21
HOT FUDGE TOPPING Allergens: Milk, Soy	110	30	4	4	0	46	18	1	11	2	
MARSHMALLOW TOPPING Allergens: Egg	70	0	0	0	0	7	18	0	14	0	
PEANUT BUTTER TOPPING Allergens: Peanut	210	150	17	3	0	130	7	3	4	7	
CARAMEL TOPPING Allergens: Milk	130	10	2	1	4	130	28	0	16	0	
PINEAPPLE TOPPING Allergens: None	50	0	0	0	0	5	12	0	11	0	
STRAWBERRY TOPPING Allergens: None	40	0	0	0	0	8	10	1	9	0	
SWISS CHOCOLATE TOPPING Allergens: Egg	100	0	0	0	0	37	25	0	19	0	
WHIPPED TOPPING Allergens: Milk	80	50	6	4	22	21	6	0	4	1	



Menu Item	Total Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Sugar Alcohol (g)
CHOCOLATE SYRUP	100	0	0	0	0	20	23	1	16	1	
Allergens: None											
ROASTED SLICED ALMONDS	110	90	10	1	0	61	3	2	1	4	
Allergens: Tree Nut											
WALNUTS	80	70	8	1	0	2	2	1	1	2	
Allergens: Tree Nut											
CHOCOLATE CHIPS	160	80	9	6	6	21	18	1	16	2	
Allergens: Milk, Soy											
REESE'S PIECES	130	60	6	4	0	48	15	1	14	3	
Allergens: Milk, Peanut, Soy											
PEANUT BUTTER CUP	90	50	5	2	1	60	10	1	9	2	
Allergens: Milk, Peanut, Soy											
KIT KAT BARS	150	70	7	5	3	21	18	1	14	2	
Allergens: Milk, Soy, Wheat											
CRUSHED HEATH	170	90	10	5	5	100	19	0	18	1	
Allergens: Milk, Soy, Tree Nut											
GUMMY BEARS	90	0	0	0	0	10	21	0	14	1	
Allergens: None											
M&M'S	110	50	5	3	5	15	15	1	14	1	
Allergens: Milk, Peanut, Soy											
CRUSHED CHIPS AHOY! COOKIES	170	70	8	3	0	110	22	1	11	2	
Allergens: Milk, Soy, Wheat											
CRUSHED OREOS	60	20	2	1	0	65	9	0	5	1	
Allergens: Soy, Wheat											
TOPPING - BUTTERFINGER PIECES	120	40	5	3	0	60	18	0	12	1	
Allergens: Milk, Peanut, Soy											
CHOCOLATE SPRINKLES	120	50	5	2	0	4	19	0	9	0	
Allergens: Soy											
RAINBOW SPRINKLES	120	50	5	2	0	1	18	0	9	0	
Allergens: Soy											
CHERRY	10	0	0	0	2	2	2	0	1	0	
Allergens: None											
CREATE YOUR OWN: CONES:											
SUGAR CONE	50	0	0	0	0	50	11	0	4	1	
Allergens: Soy, Wheat											
CAKE CONE	30	0	0	0	0	15	7	0	0	1	
Allergens: Soy, Wheat											
WAFFLE CONE	90	0	1	0	0	35	20	1	7	2	
Allergens: Soy, Wheat											
KIDS DOUBLE HEADED CONE	20		0	0	0	20	5	0	0	1	
Allergens: Soy, Wheat											



Menu Item

Total Calories

Fat Calories

Total Fat (g)

Saturated Fat (g)

Cholesterol (mg)

Sodium (mg)

Total Carbohydrates (g)

Dietary Fiber (g)

Sugar (g)

Protein (g)

Sugar Alcohol (g)

Item Nutrition Information

Friendly's works hard to provide current and accurate information on the ingredients in our menu items. The information provided in this brochure is based on our standard product recipe and portion size. Your serving will be made-to-order and may vary somewhat from the standard in portion size and the precise mix of ingredients. Our suppliers, recipes, or ingredients are based on availability and may change without notice, and any requested additions or substitutions to menu items can also change the nutrition content. Menu items listed in this brochure may not be available in your restaurant, and regional products, or local specials are not listed in this brochure. None of our menu offerings are certified as vegetarian, organic or kosher. Friendly's offers a variety of food items to fit within a balanced diet, but does not recommend any nutritional program or offer any dietary advice. We suggest you ask your health care professional or dietician about any dietary concerns you may have. If you would like further information regarding the nutritional information in this brochure, please contact us at Friendly Ice Cream Corp., 1855 Boston Road, Wilbraham, MA 01095, (800) 966-9970 or visit us at www.friendlys.com. VALID AS OF MAY 23, 2011



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